

Short CURRICULUM VITAE

Name: Kevin Healy
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Date of birth: 10th December, 1953
Marital status: Married. Two children,
Interests: Family, Music, Sport, History, Travel, and Conversation.

MEDICAL CAREER

GMC No: 2796954
Medical School: University College, Dublin (NUI)
(1971-1977)
1977 M.B., B.Ch., B.A.O. (Honours)
1978 Diploma in Child Health (D.C.H.)
1979 Diploma in Obstetrics (D. Obst.)
1981 Diploma in Psychological Medicine (D.P.M.)
1982 Member Royal College Psychiatrists (M.R.C. Psych)

Summary of Clinical, Management, Training and Research Interests

Clinical

Following postgraduate clinical experience in **Paediatrics and Obstetrics** I trained in **Adult Psychiatry** in a large Mental Hospital, in a DGH unit, in various Community Settings and Teams and in the sub-specialities of Alcoholism, Child Psychiatry, Liaison Psychiatry, and Eating Disorders.

I have wide ranging experience in delivering medical psychotherapy in therapeutic community, day, outreach, in-reach, outpatient and home settings, and in using Individual, Group, and Family and Systemic modes of treatment. I assessed and treated Personality Disorder impacting on children, families, young people and adults in a variety of settings. I have always seen **the patient and family as central** in

developing and delivering programmes of care and have extensive experience of working with patients and their families as partners in planning, developing, delivering and evaluating clinical services and trainings.

Management

I was a Consultant Psychiatrist in Medical Psychotherapy **responsible for planning, developing and delivering Inpatient, Outpatient and Outreach PD Services**, and was Director/Clinical Director/Lead Clinician of the Cassel Hospital from 1997 to 2011. I am skilled in promoting and publicising Mental Health Services, in linking with the media, in working with Commissioners, and effective in fund-raising. I was previously **Chair of the Faculty of Medical Psychotherapy** and a **Council Member of the Royal College of Psychiatrists (July 2010 – June 2014)**.

Teaching and Training

I **have supervised and trained** Medical Students, Psychiatrists, General Practitioners, Nurses, Psychotherapists, Social Workers, Psychosocial Aides, Experts by Experience, Members of the Public and others. I give frequent invited **talks, lectures and seminars in various settings**. For three years, I was Chair of London and South East Branch of the **Association of Child and Adolescent Mental Health**, organised and delivered regular popular conferences and successful academic meetings.

Research Interests

I have instigated, undertaken, published and supported research on the process and the outcome of treatment for Children and Families, Young People and Adults admitted to the Cassel Service. I am particularly concerned with **putting meaningful research evidence into practice**. I have published numerous articles and papers, letters of clinical significance, and book reviews. I have delivered many invited lectures and presentations in national and international settings.

I am now fully retired.

My most Recent appointments were:

April 2013 – December 2019

3 PAs worked over two days

Consultant Psychiatrists in Medical Psychotherapy

New Dawn Personality Disorder Service, Cygnet HealthCare Ealing

I worked as consultant psychiatrist for this Service treating women diagnosed as having **complex personality disorders**, and particularly Borderline Personality Disorder, on an inpatient basis and using a DBT model of treatment. This was a challenging role, requiring sensitive handling of a skilled staff group who managed and treated a very disturbed female patient group. **I instilled the principles** of active service user involvement in treatment and in the running of the service, an ethos of a community of patients and of staff that are therapeutic for each other, and a relationship with families that support patients to make maximal change during treatment. I am familiar with the appropriate prescription and management of psychotropic medications and in using the mental health act to support the treatment of patients.

New Dawn Service, Cygnet Healthcare Ealing, is commissioned by NHS England as a Tier 4 PD Assessment and Treatment Service that supports the ongoing development of individuals and of services to support them in their local areas post discharge. The integration of the inpatient treatment programme with ongoing involvement of local workers can be problematic and can lead to less than adequate continuing development for the patient post discharge from inpatient care. We audited the best approaches to successful treatment and now seek to implement these approaches whenever possible. We presented our work to a conference organised by **Cygnet Healthcare in Sheffield (May 2014)** alongside service users from our service and received excellent feedback.

November 2013 to April 2019

1 PA worked over two days

Medical Director, Cygnet Healthcare, Ealing, W5 2HT

Cygnet Healthcare Ealing consists of three services:

- Sixteen-bedded NHS England commissioned Tier 4 **Eating Disorder Service** led by two Consultant Psychiatrists, a Ward Manager, and Psychologist Head of Therapies.
- Sixteen-bedded Step Down and **Rehabilitation Service** commissioned by Local Clinical Commissioning Groups, and led by one Consultant Rehabilitation Psychiatrist, a Ward Manager, and a Psychologist Head of Therapies
- Nine-bedded NHS England Commissioned Tier 4 **Personality Disorder Service** led by a Ward Manager, Psychologist Head of Therapies and myself.

I was responsible for arranging the appointment, supervision and appraisal of all **medical staff** and ensuring that they deliver high standards of care. I supported the Hospital Manager and Clinical Manager in **managing the service as a whole**. I was actively involved in Clinical Audit of the services and chaired the quarterly Medical Advisory Group Meeting. I met every six months with the other Medical Directors of services in Cygnet Healthcare and sought to learn about common issues alongside them.

PREVIOUS APPOINTMENTS

July – Dec 1977	Surgical Intern
Jan – June 1978	Medical Intern
July – Dec 1978	Obstetric Senior House officer
Jan – June 1979	Paediatric Senior House Officer
July – Sep 1979	Neonatal Paediatric house officer
Oct 1979 – June 1980	Registrar in Psychiatry
July 1980 – Dec 1980	Registrar in Psychiatry (6 months)
Jan 1981 – June 1981	Registrar in Child Psychiatry
July 1981 – June 1983	Registrar in Psychiatry
July 1983– April 1984	Locum psychiatric registrar
May 1984 – April 1986	Senior Registrar in General Psychiatry
May 1986 – Nov 1989	Senior Registrar in Psychotherapy Dec
1989 – Sep 1991	Locum Consultant Psychotherapist

Oct 1991 – Sep 1997 **Consultant Psychotherapist, Cassel Hospital**

Oct 1997 - Dec 2002 **Director of the Cassel Hospital**

Jan 2003 - May 2011 **Clinical Director/Lead Clinician Cassel Hospital**

I was Secretary of the **General Psychiatry Section of the Association of Psychoanalytic Psychotherapy in the NHS**, **Chair of the Cassel Hospital Charitable Trustees**, a member of the **Psychotherapy Advisory Group** at the Department of Health that developed guidance for commissioners, clinicians and managers on the place of psychological therapy services within the National Service Framework. I was **Treasurer of the Association of Psychoanalytic Psychotherapy** for five years, **Chair of the Association of Therapeutic Communities** from 2003 to 2007, and **treasurer of the British and Irish Group**

for the Study of Personality Disorder. I was workshop Director for the AGM of the Royal College of Psychiatrists 2003 and 2004. I was actively involved on the Advisory Groups for the development of personality disorder strategies in Wales, in Scotland, and in Northern Ireland. I was Chair of the Faculty of Medical Psychotherapy from 2010 to 2014 and am a member of council and a trustee of the Royal College of Psychiatrists. From 2009 to 2012 I was Chair of the London and South East branch committee of the Association of Child and Adolescent Mental Health and organized 2 well attended day conferences and 4 twilight meetings each year that were highly rated by attendees.

Following redundancy from **West London Mental Health Trust** in December 2011 and retirement from the NHS I actively developed and delivered services for people with a Diagnosis of Complex Personality Disorder in 5 different London Boroughs.

Sep 2011 – Dec 2011	Consultant Psychiatrist in Medical Psychotherapy, Hounslow
May 2012 - Jan 2014	Consultant Psychiatrist in Medical Psychotherapy, Hackney
Feb 2013 - Oct 2013	Consultant Psychiatrist in Medical Psychotherapy, Croydon
Dec 2013 – Dec 2014	Consultant Psychiatrist in Medical Psychiatry, Wandsworth

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